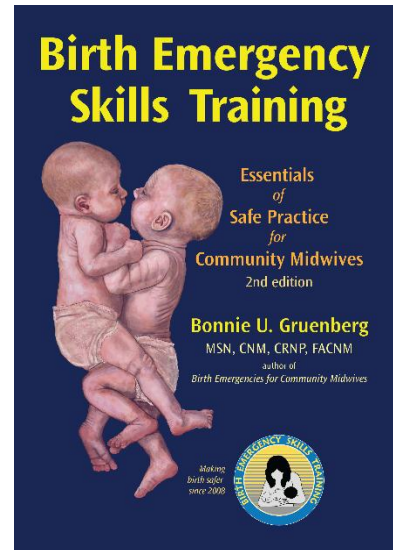


FOR IMMEDIATE RELEASE

Making Birth Safer

Synclitic Media Announces New Edition of Award-Winning Text for Community Midwives

NEW PROVIDENCE, Pa., March 16, 2026—Since 2008, Bonnie Gruenberg’s classic *Birth Emergency Skills Training* and the internationally acclaimed B.E.S.T. live workshops and online CEU course have helped midwives, nurses, and other professionals improve birth outcomes in every setting, from home to hospital. After thorough revision and expansion, the eagerly awaited second edition, *Birth Emergency Skills Training: Essentials of Safe Practice for Community Midwives*, is now available in print and digital formats.



Despite abundant resources and continual progress in science and technology, rates of maternal and neonatal mortality and morbidity in the United States remain high, and disparities persist. More and more mothers are choosing the holistic, evidence-based care offered by highly trained midwives. Low-risk births generally proceed safely with minimal intervention. However, when complications arise, timely and skilled intervention becomes essential. Complications can occur in any pregnancy, however, and the life of a mother or baby may depend on a midwife’s ability to anticipate, recognize and manage them.

Birth Emergency Skills Training: Essentials of Safe Practice for Community Midwives helps midwives develop the knowledge and skills they need when natural processes go awry. It combines the author’s vast experience—attending thousands of births in farmhouses, birth centers and hospitals plus many years as an urban paramedic—with the latest research, wider clinical coverage, new visual aids and unforgettable mnemonics.

As a classroom text or an office reference, *Birth Emergency Skills Training* helps midwives develop and maintain core competencies for providing optimal care to low-risk clients in extreme situations and provides clear, definitive guidance for dealing with emergencies from anaphylaxis to uterine rupture.

“Birth is usually normal, but when it isn’t, the response must be immediate and skilled,” Gruenberg said. “This book was written to help midwives recognize those critical turning points and act with confidence.”

Bonnie U. Gruenberg, MSN, CNM, CRNP, FACNM, is a graduate of the University of Pennsylvania School of Nursing and a practicing midwife in southeastern Pennsylvania.

She has written 15 highly regarded books, including *Birth Emergencies for Community Midwives* (2025) and *Essentials of Prehospital Emergency Care* (2005). She is also an accomplished painter, photographer, and ceramist.

From the Foreword

“What sets this book apart is not just its commitment to evidence-based content, but the clarity and accessibility with which it’s delivered. Complex concepts are made manageable, thanks to Bonnie’s gift for distilling information into simple, clear language that resonates with both new learners and seasoned practitioners.”

Tonia L. Moore-Davis, MSN, CNM, FACNM

Praise for the First Edition

“What a terrific educational offering!”

Helen Varney Burst, MSN, CNM, FACNM • Former president, ACNM • Author of *Varney’s Midwifery*

“[W]ill help all providers caring for childbearing women regardless of setting, as well as student midwives, nurses and physicians.”

Kitty Ernst, CNM, MPH, FACNM • Former president, ACNM

Praise for *Birth Emergencies for Community Midwives*

“Bonnie’s work fills an important need. Buy it, read it, reread it, and save lives.”

Joe Livingston, MD, MPH, Hamilton, New Zealand

Birth Emergency Skills Training: Essentials of Safe Practice for Community Midwives • (Publication date February 28, 2026)

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Kindle version forthcoming

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Synclitic Media LLC, an independent publisher based in Lancaster County, Pa., focuses on obstetrical topics for midwives and other health care professionals.